

Benefits Insight Webinar Series

Presented by Benefits & Worklife

Join us on the fourth Thursday of each month for an educational series designed to help you make the most of your benefits. Each webinar will provide an in-depth exploration of a specific benefit and leave you empowered with knowledge and an enhanced work-life experience.

Upcoming Sessions

Financial Wellness: Creating Positive Financial Habits in the New Year

Jan. 23, 2025, noon to 1 PM ET | [Register here](#)

Quantum Health Overview for CareFirst Plan Members

Feb. 27, 2025, noon to 1 PM ET | [Register here](#)

All About Tax-Advantaged Accounts

Mar. 27, 2025, noon to 1 PM ET | [Register here](#)

Tuition Grant for Dependents

Apr. 24, 2025, noon to 1 PM ET | [Register here](#)

Unlocking Support and Mental Health Awareness with JHEAP

May 22, 2025, noon to 1 PM ET | [Register here](#)

Voluntary Benefits: Everything You Need to Know

Jun. 26, 2025, noon to 1 PM ET | [Register here](#)

Questions? Visit hr.jhu.edu/benefits-worklife
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